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Cross Training Builds Treatment and Rehabilitative Collaboration

Correctional Counselor III (CCIII) Eric Grout of Folsom Women's Facility (FWF) recently hosted a Substance Abuse Treatment (SAT)/Cognitive Behavior Therapy (CBT) Cross Training event on February 2-4, 2016. CCIII Grout worked with Norman Jackson and William Smith from the University of California, San Diego's (UCSD) Center for Criminality & Addiction Research, Training & Application (CCARTA) to deliver Cross Training to a broad audience of FWF's Correctional and Treatment Provider staff. CCARTA professionals have decades of experience in criminality and addiction research, training, and application. They have given this Cross Training at most of the...
Academic Education
Increasing an inmate’s proficiency to the 9th grade reading level, and achieving a GED or high school diploma. Access to college courses also available.

Arts-in-Corrections
Programs in theater, dance, music and art instill pro-social behavior, self-esteem and problem-solving skills.

CAL-ID Card Program
Assists in obtaining state-issued California identification cards used to secure employment, housing, bank accounts, travel, and more.

Career Technical Education
Prepares inmates for viable vocational career paths upon release by training to industry certification levels.

Cognitive Behavioral Treatment
Provides evidence-based treatment for substance abuse, anger management, family relationships and criminal thinking.

Long-Term Offender Pilot Program
Provides evidenced-based treatment programming in criminogenic behavior to inmates serving long-term sentences.

Offender Mentor Certification
Trains and certifies long-term inmates as interns to assist as mentors in various substance use disorder treatment programs.

Transitions
Provides job readiness skills, including job search, resume, interviewing, financial skills and access to career centers.

Reentry Hubs
Provides relevant training and services to eligible and interested inmates within four years of release.

Step Down Program
Provides alternatives to a criminal gang lifestyle to reduce confinement in Security Housing Units (SHU).

Single Level and Multi-Level Substance Use Disorder Treatment
Promotes positive social behavior and helps inmates develop knowledge and skills necessary to avoid substance use relapse and successfully reintegrate back into the community, through single and multi-level substance use disorder treatment programs.
The right inmate, in the right program, at the right time.

Computer Literacy Learning Centers (CLLC)
Offers computer-based courses provided by certified instructors for basic reading, writing and math.

Day Reporting Centers (DRC) and Community-Based Coalition (CBC)
Addresses parolees' needs through assessment and placement in classes and support services. One-stop shop for education, life skills, financial and employment training, substance use disorder treatment and counseling. Some transitional housing available.

Female Offender Treatment and Employment Program (FOTEP)
Provides gender-responsive residential treatment services for women and their children.

Parolee Service Centers (PSC)
Provides group and family reunification, life skills and employment skills in a residential program.

Residential Multi-Service Centers (RMSC)
Helps at-risk parolees transition back into the community with housing, substance use disorder treatment and independent living skills.

Specialized Treatment for Optimized Programming (STOP)
Provides comprehensive residential and outpatient programs and services supporting parolees needs for housing, substance use disorder treatment, cognitive behavioral intervention, employment, education, family relations and community referrals.

Substance Use Disorder Treatment and Recovery Program (STAR)
Provides substance use disorder treatment education by certified instructors in select parole offices.

We love story ideas! If you have an article idea or photo that you would like to see in Rehabilitation Today, or questions about a story, please email details to: rehab.today@cdcr.ca.gov

Cross Training ...continued from Page 1

CDCR adult institutions with Substance Use Disorder Treatment (SUDT) programs. The main goal of the Cross Training is to build a strong treatment and rehabilitation collaboration between different professionals at each institution. The training is designed to improve outcomes in offender rehabilitation by ensuring the environment that the treatment and rehabilitation takes place is an informed and collaborative setting; each professionals’ role in the process is recognized as critical. The attendees have the opportunity to learn more about each other and their unique roles. FWF was activated in January 2013 under the administration of Folsom State Prison. This 523 bed stand-alone Reentry Hub facility provides housing, rehabilitative and reentry programming, substance use disorder treatment, and job training to the medium and minimum security level female offender.

During Cross Training, FWF correctional staff representing many institutional areas, academic and vocational teachers, and contracted SUDT providers learned about the rationale for offenders’ rehabilitation in the following: custody and community settings, different types of evidence-based practices, ways to address substance use disorders, criminal thinking, behavioral modification, and many other elements of successful rehabilitation in criminal justice environments. Attendees learned to work together during group and community exercises, which helped build and strengthen teamwork, communication skills, and decision-making processes.

An informal survey was conducted by CCIII Grout at the conclusion of the Cross Training. Staff participants stated that they found the training to be very useful and even “transformational” in terms of building a collaborative working environment aimed at valuing and balancing the goals of safety, security, and rehabilitation.

For more info contact: Kent Dills, Analyst: kent.dills@cdcr.ca.gov

Employee Recognition Program Q4 Winners!

DRP’s Recognition Awards Program (RAP) recognizes the extraordinary efforts of employees who support DRP’s rehabilitative initiatives to reduce recidivism. Each Quarter, staff are nominated by their management and peers, and the DRP executive team selects the winners. This set of RAP award winners conclude the RAP award recipients for 2015. Congratulations to the fourth quarter winners (Q4)!

DRP Director (A) Brant Choate (center) pictured with the Q4 RAP winners. Pictured from left to right: Analysts Elvira Díaz (Community Reentry Services), Ashley Hedgecock, Nikita Singh (In-Prison Programs), and TV Specialist Franklin Harrison (OCE).
DID YOU KNOW?

The CDCR website has recently undergone a face lift! Explore the new website for yourself to see all the changes and how this new design will make your web browsing experience more enjoyable. The design introduces a cleaner, more streamlined layout. The majority of the content remains the same as it was in the previous iteration; however you may appreciate the efforts taken to make the content easier to find in the latest intuitive and user friendly structure.

One large improvement introduced by this new roll-out is the responsiveness of the new CDCR (including DRP) website. You can alter the size of your browser to see how the content and design automatically reacts to being shrunken or enlarged; test this by viewing the website on your mobile device. This upgrade was crucial in order to deliver a mobile friendly browsing experience for mobile phones and tablets.

When you visit the newly redesigned DRP website, you may notice that same familiar column appears on the right, where you can still access all program Fact Sheets for the Division of Rehabilitative Programs. Within this same column you also have access to view all of DRP’s latest and greatest rehabilitative programming videos. More updates are happening soon, stay tuned!

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ARCAID Machines
Automated Rehabilitation Catalog and Information Discovery Machines enable offenders to find community-based rehabilitative programs and resources via self-serve information kiosks in parole offices (and coming soon to Reentry Hubs).

ARMS
The Automated Reentry Management System enhances case management for CDCR and contracted program providers, streamlining data collection while improving measurement of program performance and offender progress.

eReaders
Helps offenders achieve milestone credits with increased access to college curriculum textbooks. Tablets, pre-loaded with Voluntary Education Program (VEP) textbooks, are provided to inmates enrolled in VEP college courses.

Law Library
Touch Screen Technology
Provides Administrative Segregation Unit inmates with electronic touch-screen access to the Gilmore Law Collection as mandated by Casey v. Lewis court case. This also reduces time and costs required to escort high security inmates to the library.

Internet Protocol Television Integration
Supports adult education on multiple-channel television networks for inmates, using more efficient technology and increased opportunities for milestone credit achievement.

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